

ALASKA SUMMER KARATE CAMP

August 12- 15, 2010

BIRCHWOOD CAMP in Chugiak, Alaska



Sponsored by:

Alaska Shotokan Karate, ISKF-Alaska Region

Guest Instructor:

Sensei Cathy Cline, 7th Dan

ISKF Northwest Regional Director and Chief Instructor,

Western Washington Shotokan Karate Club

WELCOME It is time to get ready for the Alaska Summer Karate Camp. Camp will feature a unique combination instruction, intensive karate classes, lectures, outdoor recreation, and karate tests.

WHO CAN ATTEND?

Overnight camp: Anyone 12 years of age or older for ranks ungraded through 6th kyu, and those age 9 years and above for ranks 5th kyu and above. All ranks (beginners through advanced) are encouraged to attend. **All minors must have a designated chaperone approved by your instructor.**

Day camp: There is a special Day Camp for younger children on August 12.

SCHEDULE:

Thursday	August 12:	Check-in begins at 1:00 p.m. Caribou. Children's Day Camp, karate training.
Friday	August 13:	Karate training, lecture, instructor training, and games.
Saturday	August 14:	Karate training, camp picture (1:30 PM), testing (2PM), BBQ*, and campfire
Sunday	August 15:	Karate training, awards luncheon*, camp clean-up, leave at 3:00 PM.

*Guests are welcome to these meals at \$5.00 per person per meal.

REGISTRATION FORM AND FEE SCHEDULE

Overnight camp:

This includes all food and sleeping accommodations.

Full camp registration for International Shotokan Karate Federation (ISKF) members is:

\$225 per person for campers

\$125 each additional ISKF family members regardless of age up to \$650 per family

Full camp payment included kyu testing fee.

Full camp registration for non-members of International Shotokan Karate Federation (ISKF) is: \$300

Day Camp

Children's Day Camp on Aug 12th is \$50.00 per attendee (includes tee shirt). Testing fee is separate from day camp fee (\$35.00)

Note: Space at camp is limited and registrations will be accepted on a "first come, first served" basis. Please pre-register for camp by June 30, 2010 with a payment of \$100 and pay in full at camp.

Questions about camp: ISKF Alaska members contact your Dojo Instructor or email Susan Jones at sjones.alaska@gmail.com